

## Central Alberta Mountain Club 2010 Trip Schedule

Date	Trip	Trip Leader	Type	Reference	Distance	Elevation	Time	# Hikers
24-Apr	Dry Island Buffalo Jump	Debbie Davies 782-0991	Easy Hike	****	5-7 kms	250m	3-4hrs	10
1-May	Heart Mountain	Steve Irwin 352-2468	Easy Scramble	SCR	7kms	875m	4-6hrs	16
8-May	Windy Point Ridge/The Buckle	Doug Robson 896-1832	Easy Scramble	DTHG	7kms	776m	5-6hrs	16
16-May	Big Hill Springs/Heart Creek	Karen Riley 341-2330	Easy Hike	Gem Trek Map	4kms	100m	2-3hrs	16
22-May	Coliseum Mountain	Zenon Matkowski 304-0780	Moderate Hike	DTHG	17kms	700m	5-7hrs	16
29-May	Opal South Ridge	Doug Robson 896-1832	Moderate Hike	WLH	5kms	885m	5-7hrs	16
12-Jun	Wasootch Ridge	Sandy Vradenburgh 352-0864	Moderate Hike	WLH	11kms	1010m	4-6hrs	8
16-19	Mountain Men Lake Ohara	Steve Irwin 352-2468	Camping Tenting	****	11kms	****	3 days	10
19-Jun	Chicks In The Stix's (Shuda Hostel)	Sandy Vradenburgh 352-0864	Moderate Hiking	DWYT	****	****	2 days	10
26-Jun	Yamnuska	Dan Czarny 506-8686	Easy Scramble	SCR	****	900m	4-6hrs	16
2-4 Jul	Taylor Lake	Sylvia Baran	Beginner Backpack	CRTG	12.5kms	600m	3 days	8
10-Jul	Wind Tower	Steve Irwin 352-2468	Easy Scramble	SCR	****	900m	4-6hrs	16
17-Jul	Kaufmann Lake	Jack Burns 932-2510	Beginner Backpack	CRTG	30km	****	2 days	5
24-Jul	Buller Pass	Greg Olsen 505-0751	Moderate Hike	WLH	14kms	670m	5hrs	16
31-Jul	Prairie View Lookout	Pam Ralston 342-2206	Easy Day Hike	Gem Trek Map	9.8kms	500m	3-4hrs	16
7-Aug	Elbow Falls Camping	Karen Riley 341-2330	Ridge Walks, Fishing & Fun	****	****	****	2 days	Open to Hikers & Families
13-17 Aug	Sunshine/Assiniboine to Highway 93	Sylvia Baran	Intermediate Backpack	CRTG	75kms	***	5 days	TBA
14-Aug	Assiniboine Traverse	Jack Burns 932-2510	Intermediate Backpack	CRTG	65kms	****	4 days	3
15-Aug	The Fortress	Vance Buchwald 346-3934	Easy Scramble	WLH	17kms	1113m	6-8hrs	12
21-Aug	Bugaboos	Greg Olsen 505-0751	Easy Scrambles	ACC Website	****	****	3days	6
28-Aug	Amiskwi Pass Howse Pass	Jack Burns 932-2510	Advanced Backpack	CRTG	95kms	****	6 days	3
4-Sep	Mist Mountain	Doug Robson 896-1832	Strenuous Hike	WLH	23kms	1200m	6-8hrs	16
18-Sep	Wenkchemna Pass	Phil Irwin 352-1989	Moderate Hike	CRTG	18kms	733m	6-8hrs	16
24-Sep	Yamnuska Full Moon Traverse	Steve Irwin 352-2468	Easy Scramble	SCR	****	900m	4-6hrs	16
TBA	Sawback Circuit	Sylvia Baran	Advanced Backpack	CRTG	70KMS	***	***	TBA
23-Oct	Turkey Trek	Doris Walker 346-8679	***	***	Group Decision	Group Decision	2days	20

SCR... Scrambles In The Canadian Rockies    DTHG... David Thompson Hiking Guide    DWYT... Don't Waste Your Time In The Canadian Rockies  
 WLH... Where Locals Hike In The Canadian Rockies    CRTG... Canadian Rockies Trail Guide